



PREVENTION OF OD

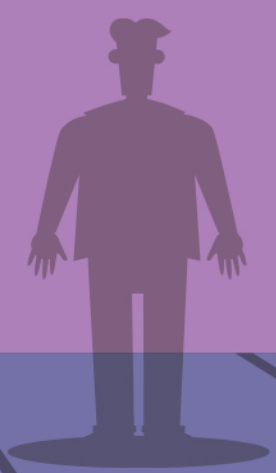
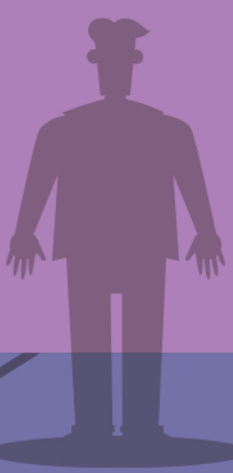
# Staying + OPIOID HARM REDUCTION Alive



REVERSE OD



SPOT AN OD



## Prevent OD Death

**STIMULATE** Do not put them in a shower or hurt them

**ALERT** Someone to get help. Call 911

**VENTILATE** Move to recovery position. Use rescue breathing

**EVALUATE** Did you use too? Are you safe? How are they doing?

**MUSCULAR INJECTION** Use Naloxone, if you have it

**EVALUATE** Do they need another dose? How are you?

Being **newly released** from incarceration increases your risk of OD.

You are **56 times** more likely to die from OD in the first 2 weeks after release.

You are **29 times** more likely to die between weeks 2-4 after release.

TO LOCATE A NEEDLE-EXCHANGE PROGRAM, A SAFE-USE SITE,  
OR TO GET ANY INFORMATION RELATED TO SUBSTANCE USE OR TREATMENT:  
1-866-332-2322 (Addiction Helpline) [www.stopods.ca](http://www.stopods.ca) [www.norquest.ca/staying-alive](http://www.norquest.ca/staying-alive)

\*all statistics describe Alberta 2018. [www.alberta.ca/opioid-reports.aspx](http://www.alberta.ca/opioid-reports.aspx) \*