

CLEAN NEEDLES



SAFE INJECTION SITE



SAFER USE

Staying Alive

OPIOID HARM REDUCTION



Safer Use

- Do not use alone.** There were NO fatal overdoses at safe injection sites in Alberta.
- Start with small amounts.** You can always do more, you can't do less.
- Speedballs are deadly.** 76% of fentanyl deaths involved meth or cocaine.
- Sharing is not caring.** Re-using uncleaned supplies risks infection.

TO LOCATE A NEEDLE-EXCHANGE PROGRAM, A SAFE-USE SITE,
OR TO GET ANY INFORMATION RELATED TO SUBSTANCE USE OR TREATMENT:
1-866-332-2322 (Addiction Helpline) www.stopods.ca www.norquest.ca/staying-alive

*all statistics describe Alberta 2018. www.alberta.ca/opioid-reports.aspx *