

How to get medical help

If it is a medical emergency call 911. If it is not a medical emergency, you have the following options:

1. Get medical advice over the phone

You can call [HealthLink](#) at 811 if you need medical advice without going to a clinic/hospital. It can help you with:

- Health advice/health information
- Finding healthcare

2. Drop-in at a walk-in clinic

This is a great option to consider if you need non-urgent medical support or have a minor illness or injury.

A walk-in clinic is a medical facility that accepts patients on a walk-in basis and with no appointment required. This is a great option to consider if you need non-urgent medical support or have a minor illness or injury.

3. Visit your family Doctor

Family doctors are the best options for ongoing medical care with continuity. You generally need to book an appointment to see a family doctor. You can find a family doctor using [this](#) tool.

If you have an Alberta Health Card (AHCIP), you can access family doctor and walk-in clinic services free of charge.

Note: Dental Services are not covered under Alberta Health Card (AHCIP), you can use [SANQC's Health and Dental Insurance](#) for dental services.

Questions? Email: Samantha.Parchment-Andrews@norquest.ca or [book an appointment](#) with a settlement advisor to discuss your options.